

Children and Young People's Health and Wellbeing Commissioning Group

A meeting of Children and Young People's Health and Wellbeing Commissioning Group held on Thursday, 17th April, 2014.

Present: Peter Kelly (Chairman) and

Kate Birkenhead (substitute for Hilary Hall) Sarah Bowman, Lynda Brown, Cllr Ann McCoy, Dr Paul Williams.

Officers: Michael Henderson (LD), Dave Smith (PH)

Apologies for absence were submitted on behalf of Victoria Cooling, Shaun McLurg, C/Supt Gordon Lang, Simon Wilson

CHW 1/14 **Declarations of Interest**

Councillor Ann McCoy declared a personal/ non prejudicial interest in the item entitled Mental Health Needs Assessment and Mental Health and Wellbeing Strategy for Children and Young People, as she served on TEVV's Council of Governors.

CHW 2/14 **Key Indicators and Priorities – April 2014**

Members considered a report that highlighted performance on indicators from the Child Health Profile 2014 for Stockton Borough and from the Public Health Outcomes Framework (at March 2014). The report proposed organisations for improvement delivery against the Child Health Profile indicators. A long list of priorities for children and young people was suggested based on the data; and on current relevant strategic priorities from the Joint Health and Wellbeing Strategy 2012 – 18 and the Council Plan for Stockton Borough.

Members agreed that the indicators provided, served to stimulate discussion and generate further questions about the picture for children and young people in Stockton Borough.

The Group noted an appendix that summarised the key indicators from the Child Health Profile, where Stockton was shown as 'red' compared to other North East Local Authorities. The appendix also detailed suggested lead organisations for delivery of each indicator. A similar process of allocating lead responsibility would be undertaken for PHOF indicators through work on the JHWS delivery plan.

Members were also provided with an appendix that presented the strategic priorities from the Council Plan 2014 – 17, for the health and wellbeing theme and the children and young people theme.

The Group considered a proposed long list of priorities for children and young people to ensure the Board and relevant groups and organisations were focusing plans and finite resources on an agreed set of issues for children and young people, in response to the evidence and data on current position.

The long list was detailed as follows

- Reducing the rate of children and young people coming into care
- Improve outcomes for children and young people in care
- Providing a cohesive early help offer for young people and families already requiring some support e.g. targeted help for children at-risk of offending,

support to further reduce NEET

- Providing early prevention and support i.e. before significant issues arise, particularly in early years e.g. increasing breastfeeding rates, reducing smoking in pregnancy
- Improve coverage for some immunisations
- Improve sexual health (including reducing STIs and <18 conception rates; and improving access to services)
- Reduce the prevalence of childhood obesity (particularly in younger ages, to reduce prevalence in 10-11yr olds)
- Reducing the prevalence of children with one or more decayed, missing or filled teeth
- Improve educational attainment (as measured at GCSE level)
- Reduce the rate of childhood injuries
- Improve support (provision / access to services) for mental and emotional health and wellbeing
- Reduce the rate of hospital admissions due to substance misuse

The long-list of priorities would be presented to the Health and Wellbeing Board for consideration and decision on a short-list. It was suggested that the prioritisation criteria presented to the March 2014 Board meeting be used to guide this discussion. This process would ensure that there was a 'golden thread' from strategic documents and current position using data, through to the priorities and plans for constituent organisations of the Board and in turn to the relevant departments in those organisations, informing their plans and work programmes.

It was agreed that the report be considered further, outside the meeting, and feedback be provided to the report authors with a view to an updated report being considered at a future meeting.

RESOLVED that further consideration be given to the report, outside the meeting, and subject to this an updated report be provided at a future meeting.

**CHW
3/14**

Teeswide Children's Autism Update

The Group considered a report that provided an update on the current delivery of Children's Autism Pathway, in accordance with NICE guidance.

Members noted the problems associated with establishing prevalence rates for Autistic Spectrum Disorders (ASD) and actual numbers.

Clearly it was accepted that, in order to plan services for children with autism and improve their wellbeing, there needed to be an accurate knowledge of the number of children with autism in the area. Locally there had not been a consistent record of the number of children who had a diagnosis of ASD. However, going forward, co-ordination of the multi-agency pathway across all ages was now led by Tees, Esk and Wear Valleys NHS Mental Health Trust and a database for referral and diagnosis would provide a sound basis for data collection, to be used by commissioners going forward.

The Group noted that the number of autistic children in the Borough could be 473.

It was noted that, within Stockton, the Council was not committing funding to the provision of an Educational Psychologist (EP) to the multidisciplinary autism team. The reasons for this would be reported back to the Group. It was explained that the EP service would still be notified when a child entered the pathway and when planning and formulation meetings would take place, so they were able to provide information should they have it. Also, EP, with family consent, would be informed of assessment outcomes.

It was explained that, within Stockton, for school age children MAAT had a 13 months waiting list with the pre-school waiting list being 23 months. Professionals had reported that parents and other professionals were unhappy with these waiting times. The Group also voiced concerns at the waiting times.

The Group discussed next steps and agreed that this issue be further discussed at the Group's next meeting and NECS and TEWV representation be arranged. It was also suggested that a workshop be organised, led by the CCG.

RESOLVED that:-

1. representatives from NECS and TEWV be invited to the next meeting to further consider this matter.
2. a workshop, led by the CCG, be organised.

**CHW
4/14**

Mental Health Needs Assessment and Mental Health and Wellbeing Strategy for Children and Young People

The Commissioning Group was provided with an update on the health needs assessment (HNA, regarding mental health and wellbeing; and presented the framework for the Strategy for mental health and wellbeing for children and young people. It was explained that a Strategy was being developed for Tees by a multi-agency group chaired by NECS., A local action plan would then be produced for the Borough. The action plan would be based on the outcomes of the HNA.

Members noted that further consultation was needed with organisations/groups to populate any gaps, particularly around the needs of target groups.

The Commissioning Group was asked to provide comments on the Strategy structure and the HNA to date.

The following matters were raised during discussion:-

- communication between CAMHS and schools needed to be good
- there was a feeling that there needed to be more self-harm preventative work. Consultation with GPs should take place and this may be possible via a forthcoming market stall event.
- reference was made to the lack of 'places of safety' for children.

It was agreed that further comments could be forwarded directly to the report authors.

The Group agreed that consideration be given to what performance information should come back to this Group, linked to the Public Health Outcomes Framework

and other routinely reported data.

RESOLVED that

1. the update be received and the discussion noted, with any further comments being directed to the report authors.
2. consideration be given to what performance information might be reported to this Group.

**CHW
5/14**

Weight Management Services

The Group considered a paper relating to the Council's Healthy Weight Services. The paper described the process for reviewing the current services and provided a summary of steps to be taken to consult with the public and stakeholders about how the needs of residents could be best met. It was intended that a new service would commence 1 April 2015.

It was highlighted that the consultation would inform the type of service, including the balance between treatment and prevention.

Members noted the link between the healthy weight service and the School Nursing service and the importance of driving down rates of childhood obesity. This issue would be specifically raised at the Market Engagement Event in terms of potential contract incentives. The Group highlighted the large number of children who should be accessing services but were not. Attempts should be made to address this.

The Group noted that financial, procurement and legal advice had been sought and provided throughout the procurement process.

The Group raised the issue of targeting children as this would potentially prevent obesity in adulthood. It was accepted that this debate needed to take place at some point.

The Group was provided with recommendations coming from a review of the MoreLife service review.

RESOLVED that:-

1. the updated programme of work be noted and approved.
2. the recommendations of the MoreLife Service review be noted.

**CHW
6/14**

School Nurse Service Review and Consultation in the context of Healthy Child Pathways

Members received an update on the School Nursing Review.

It was explained that the existing service, provided by North Tees and Hartlepool NHS Foundation Trust, was contracted for a further 12 months with a contract end date of 31 March 2015

A market engagement event had been arranged for 29 April 2014 and the level of interest and key themes of discussion would be reported to this Group at its June meeting.

At its June meeting this Group would be presented with

- the complex needs offer
- the offer/responsibilities relating to safeguarding.
- the universal offer
- financial and contract period considerations

It was noted that there may be some complex needs joint commissioning opportunities, which could be considered in June. Partners were asked to consider the implications for their organisation in terms of commissioning timescales and plans.

It was explained that during April and May 2014

- the service model and specification for school nursing services would be under development.
- procurement documentation would be readied should the market engagement event demonstrate there is a market for the service
- procurement evaluation panels will be arranged should the market engagement event demonstrate there is a market for the service

RESOLVED that the paper be noted and the Group receives a report in June, where a number of key decision will be presented.

**CHW
7/14**

Forward Plan

The Group suggested a number of amendments.

RESOLVED that Forward Plan be approved subject to the amendments identified.